

St. Pius X Church
Bereavement Programs for the Fall of 2010

TUESDAYS SEPTEMBER 7 TO OCTOBER 26, 2010

UNDERSTANDING GRIEF AND LOSS, an Eight-Week Educational Bereavement Support Group will be held on Tuesdays from September 7 until October 26, 2010 at 10:15 until 11:45 AM by St. Pius X Parish. The sessions are adapted from *“WINDOWS: Healing and Helping Through Loss”* and will be held at **Our Lady of Assumption Parish, Latham**. They will be co-facilitated by Sr. Eleanor Guerin, RSM and Jeanne Pitkin.

The weekly themes include:

- Tuesday September 7 - Looking at My Loss...**
- Tuesday September 14 - What Have I Lost?**
- Tuesday September 21 - Understanding My Emotions**
- Tuesday September 28 – How Do I Cope?**
- Tuesday October 5 - Learning from My Own Grief and That of Others ...**
- Tuesday October 12 - How Will I Know When I Am Better?**
- Tuesday October 19 - Healing the Grief ...**
- Tuesday October 26 - A Time for Remembering ...**

There is no fee. However, registration is necessary and limited. Please register before Tuesday August 31st, 2010 by calling Jeanne Pitkin at 462-1336.

AND

FRIDAY SEPTEMBER 17, 2010

***“A SPECIAL EVENING OF PRAYER
FOR WIDOWS AND WIDOWERS”***

**will be held on FRIDAY SEPTEMBER 17, 2010,
at 7:00 PM following Evening Prayer in St. Pius X Chapel.**

The evening will include song, prayer and scripture, reflection time, intercessions, and a candle lighting memorial. It will conclude with a time for refreshments and fellowship. You might like to arrive at 6:45 PM or earlier for Eucharistic Adoration. For more information call Jeanne Pitkin at 462-1336.

AND

WEDNESDAY OCTOBER 13

On Wednesday October 13, 2010 from 7 to 8:30 PM St. Pius X Church will begin the two part Bereavement Series, “*From Grief to Grace*” in the Parish Chapel. The evening will follow the theme, “THE PAIN OF GRIEF” with a presentation by Sister Mary Agnes Kehoe, CSJ, and will include prayer, small group sharing, refreshments and fellowship. The program is open to all parishioners, their guests, and the community. There is no fee. For more information call Jeanne Pitkin at 462-1336.

AND

WEDNESDAY DECEMBER 1

On Wednesday December 1, 2010 from 7 to 8:30 PM St. Pius X Church will hold the Bereavement Program, “*FROM GRIEF TO GRACE*” in the Parish Chapel. The evening will follow the theme, “UNWRAPPING GRIEF DURING THE HOLIDAYS” with Davia Boyle. She is the Bereavement Coordinator and Staff Funeral Celebrant at the Scott and Barbieri Funeral Homes, and adjunct teacher at Maria College. The program will consist of prayer, the presentation, small group sharing, refreshments and fellowship. The program is open to all parishioners, their guests, and the community. There is no fee. For more information call Jeanne Pitkin at 462-1336.